

SOUTH AMERICA

10 of the best adventure holidays in Argentina

Spectacular waterfalls, wild hikes and glacier climbs — these are the trips for thrillseekers



Iguazu Falls
GETTY IMAGES

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1. Fall for Iguazu Falls

The most awe-inspiring site outside Buenos Aires is on the border with Brazil, where the mighty Iguazu River splinters into 250 waterfalls, each crashing hundreds of feet over a precipice. Although less famous than Niagara Falls, Iguazu is much less built up and lies within a protected rainforest, so expect to see capuchin monkeys, toucans, rare butterflies and coatimundi, a sort of raccoon. If you're lucky, you might even spot a jaguar. The best place to stay is on the Brazilian side, at the Belmond Das Cataratas, the only hotel within the national park, where you can see the falls alone at dawn before the tourists descend. **Details** B&B doubles from £305 (belmond.com). Fly to Iguazu



Riding at Los Potreros

2. Ride the best horses

Kevin Begg's family have been cantering across the hills at Los Potreros outside Cordoba since the early 1900s, when his grandfather bought the 6,500-acre estate. Now he likes to share this pocket of rare beauty with visitors, many of whom return annually to ride what Begg rightly calls "the best horses in the world". They are so well trained that even total beginners will build up confidence, and if you don't ride it's still worth visiting for Begg's country-house hospitality and the authentic estancia vibes. Herding foals on horseback in the evening light is an unforgettable experience.

Details Rooms from £309pp, including all meals, daily riding, guides, equipment and transfers (estancialospotreros.com). Fly to Cordoba